



Counselling



Cabin



Group Discussion



GYM

God grant me the
Serenity
to accept the things I
cannot change...
Courage to
change the things I can
and Wisdom to
know the difference...

Contact Person & Phone No. :

Sandip Mukherjee
Secretary M : 98313 31075

Md. Farooque Ahmed
President M : 98311 48721

Ph.: (033) 2573-0015

E-mail : disharc123@gmail.com

Rajarhat Disha Rehabilitation Centre



A TREATMENT CENTER FOR SUBSTANCE USERS

Registered under W.B.
Societies Act of 1961
Regd. No. : - S/IL/86654

Address : Dashadrone Rajarhat Main Road.
P.O. R. Gopalpur, Kolkat-700 136
(Beside State Bank of India), Ph: 033-2573 0015



RAJARHAT DISHA REHABILITATION CENTRE, a combined effort of two social workers, Sandip Mukherjee and Md. Farooque Ahmed, is a non-profit organisation formed to provide service to people suffering from the disease of substance abuse (drugs/alcohol). This is a socio-economic problem, which is affecting our society directly and indirectly. Directly to the substance abuser who becomes a burden on the society, as he/she is rendered incapable to lead a productive life by the addiction and indirectly to the people around him/her. This problem has also a direct link to increase in the spread of HIV/STD/AIDS through injecting drug users and impaired behavior. The problem of substance addiction is rampant in our community and anti-social activities are direct fall out of this, as the substance abuser has to sustain his/her addiction at any cost.

Our approach to drug and alcohol addiction treatment has 3 components, encompassing the mind, body and spirit of the individual. We are a client-centered facility based on respect and compassion. At our holistic drug rehabilitation center, each problem area is individually addressed and a wide range of therapeutic interventions to help each client achieve their specific goal is offered to them. The treatment procedure of **DISHA** includes the **12-step recovery program**. Holistic counselling helps continue the process offering a one-year after care program that provides a support system, with a focus on a relapse prevention plan and problem solving. We give people their lives back everyday!



We believe : A loving and structured atmosphere can help all addicts and alcoholics.

Our aim : Awareness, Prevention, Treatment, Rehabilitation, HIV/AIDS/STD awareness and intervention and Community health awareness.

Process Involving: Self Help, Group Therapy, Occupational Therapy and Vocational Training.

We Provide : Detoxification & Rehabilitation (Residential), Counseling, Family Counseling, Crisis Intervention, STD/HIV Awareness & Intervention, Day Care, Psychotherapy, Abscess Management Program, Helpline.

Our Team : Comprises of Psychiatrists, Physiotherapists, Psychotherapist, De-addiction Counsellors, Social Workers and Volunteers (Ex-Addicts).

Our Vision : DISHA will lead the way as the symbol of recovery.

We Believe : In treating the whole person, as well as the illness in treating the person with dignity and respect, and in continuing our commitment to a 12-Step philosophy and mutual support systems.



Donation

Rajarhat Disha Rehabilitation Centre is a non-profit organisation working in the field of detoxification and rehabilitation of substance abusers (drugs/alcohol)

We run a 30 bed treatment centre for patients suffering from addiction. A team of 15 committed professionals including physicians, a psychiatrist, psychologists, and social workers manage the centre. Upto 20% of the treatment is rendered free of charge to poor patients.

We also have plans to organise at least one or two free treatment camps every year for a period of 12 days. In each camp, 10 patients would be treated.

In addition to treatment, we have been making the best of our endeavors in the area of prevention. We run many prevention oriented programmes in the city, in villages and also in schools and industries.

You can help us in pursuing our mission.

Sandip Mukherjee
Secretary
Rajarhat Disha Rehabilitation Centre